

Surgery Information Sheet

Surgery Date: _____

Prior to Surgery:

- Patients are required to pre-register with all surgery centers at least 24 hours prior to surgery. Please take this into consideration if you are traveling from out of town for surgery. If you are unable to pre-register at least 24 hours in advance, please contact the surgery center to make alternate arrangements.
- Patients should refrain from taking fish oil, aspirin or medications that contain aspirin for at least **five days** prior to surgery. Patients taking prescription blood thinners will need to stop 5 days prior to surgery unless otherwise instructed. Clearance must be obtained from prescribing physician prior to stopping these medications.
- Patients should refrain from taking any GLP-1 Agonists and/or any appetite suppressants (such as Trulicity, Ozempic, Phentermine, etc) which are commonly prescribed for diabetes management or weight loss for at least **7 days** prior to surgery.
- Contact the surgery facility with any questions regarding facility charges and/or payment plans prior to surgery.
- Please DO NOT eat or drink anything after midnight prior to surgery.
- Make arrangements for a responsible person to take you home after the surgery as you will not be allowed to drive yourself.
- Do not wear jewelry or bring valuables with you.
- On the morning of surgery, report to the appropriate facility at your assigned time. PLEASE DO NOT BE LATE.

Pre-Op by Phone: Our office will contact you a few days prior surgery. You will be given instructions and a time to report to the facility for surgery. All prescriptions will be called in to your pharmacy of choice at this time. You must complete pre-registration with the facility prior to the day of surgery. If required, pre-op labs must be completed at least 7 but no more than 30 days prior to surgery, unless otherwise instructed (children usually do not require lab work prior to surgery).

Insurance and Scheduling: We will schedule your surgery with the facility. If you have insurance, our staff will contact them to verify your benefits. We will also pre-certify your surgery if your insurance company requires this. If you have any questions regarding your insurance coverage, please call our office at (806) 791-0188.

Our staff will contact you regarding the surgeon fee that will be due to our office. This fee **MUST** be paid at least one day prior to the date of surgery and is determined by your coinsurance and/or deductible. The facility will also be contacting you with their fee. This fee will be collected in full the day of surgery unless arrangements are made with the facility ahead of time.

CHELSEY CAIN, SURGERY SCHEDULING
Surgery@EntLubbock.com
806-791-0188

POST-OPERATIVE EMERGENCY PHONE NUMBER FOR ON-CALL ENT: 806-454-7411

Cancellation Policy: We request that you please give our office at least 48 hours' notice (2 business days) in the event that you need to cancel or reschedule your surgery. **If the scheduled surgery is missed or cancelled** (other than at the discretion of the doctor) **with less than 48 hours notice, a \$250 cancellation fee will be charged.**

**Covenant High Plains Surgery Center
(Quaker Campus)
2301 Quaker Avenue
Lubbock, TX 79410
(806) 725-8801**

Please report to MOB Suite 104, located at 4102 24th Street, at least one week prior to surgery to complete lab work if required. Pre-registration information for the surgery center will be sent via text and email from One Mnet Health. Please make sure you respond to these alerts and complete registration at least 2 days prior to surgery. Contact the surgery center with any questions about pre-registration or if you do not receive alerts.

**Covenant High Plains Surgery Center
(22nd Street Campus)
3610 22nd Street
Lubbock, TX 79410
(806) 776-4772**

Please report to MOB Suite 104, located at 4102 24th Street, at least one week prior to surgery to complete lab work if required. Pre-registration information for the surgery center will be sent via text and email from One Mnet Health. Please make sure you respond to these alerts and complete registration at least 2 days prior to surgery. Contact the surgery center with any questions about pre-registration or if you do not receive alerts.

**NorthStar Surgicenter
4640 North Loop 289
Lubbock, TX 79416
(806) 761-4880**

Please report to NorthStar the day prior to surgery to complete pre-registration and lab work.

**Covenant Medical Center
3615 19th Street
Lubbock, TX 79410
(806) 725-1011**

Please report to the Surgical Assessment Clinic, located at 3506 21st Street, Suite 102 in the Lubbock Diagnostic Clinic (LDC) building, for pre-registration prior to surgery. The morning of surgery, go to Covenant Medical Center (main campus), outpatient admitting area on the 1st floor (next to the gift shop) to check in. After checking in, you will be directed to the 2nd floor waiting room.

**Covenant Woman's and Children's
4015 22nd Place
Lubbock, TX 79410
(806) 725-7040**

Surgical Assessment Services will contact you regarding pre-registration prior to surgery.

**ENT Associates
3802 22nd Street, Ste. 200
Lubbock, TX 79410
(806) 791-0188**

Our office will call you the day prior to your procedure to give an arrival time and prescribe any medications you will need, if applicable. We will also go over all instructions for your procedure. In-office procedures are done using local anesthesia, therefore fasting is not required.